



AABCAP

CONTINUING EDUCATION MEETING

WEDNESDAY, OCTOBER 6TH 2010 STARTING 6:30PM

FOR AABCAP MEMBERS AND INTERESTED COLLEAGUES

LEVEL 1, 441 PACIFIC HWY CROWS NEST INFO@BUDDHISMANDPSYCHOTHERAPY.ORG



SPEAKER: DR JUDITH PICKERING

TOPIC: BION'S O AND BUDDHIST DHARMAKAYA, A CLINICAL INVESTIGATION

Analyst Wilfred Bion saw the quest to uncover ultimate truth as the most essential element of analysis. He used the sign O to refer to absolute truth, a numinous domain of reality, beyond all concepts. This talk will describe how Bion's O and Buddhist practices converge.

Bion advises a meditative practice for the therapist similar to mindfulness and calm abiding which enables true insight to emerge, which points to the Buddhist union of Shamatha (calm abiding) and Vipashyana (clear insight).

WHERE: The Buddhist Council of NSW
Level 1, 441 Pacific Highway, Crows Nest

WHEN: October 6th, 2010
6:30pm Light refreshments
7:00-8:30pm Presentation

COST: \$20- \$10- student/concession (payment on arrival)

RSVP: info@buddhismandpsychotherapy.org

Dr Judith Pickering is a Jungian Analyst, Psychoanalytic Psychotherapist and Couple Therapist in private practice, senior faculty member, supervisor and lecturer for ANZAP. She is also a Training Analyst and Vice President of The Australian and New Zealand Association of Jungian Analysts and member of the International Association for Analytical Psychology.

Judith has been a Buddhist for over thirty years. She has published widely, giving papers, lectures and workshops in Australia, USA, and Europe. Her recent book, 'Being in love: Therapeutic Pathways Through Psychological Obstacles to Love', (Routledge2008) is described by James Grotstein as 'sweeping, awe-inspiring, fulfilling, erudite'.